

# Lake Claire and Candler Park Security Patrol Anniversary

by Cecily Stevens

About this time last year, neighbors began asking friends in Lake Claire and Candler Park to support the Candler Park Lake Claire (CPLC) Patrol before its official kick-off by paying one-year membership dues to help purchase a patrol car and insurance. As we approach the first anniversary of the CPLC Patrol in October, here are some highlights of the Patrol's successes, and hopes for the coming year.

Since the CPLC Patrol started in October 2015, we have not had a single month with more crimes committed than in the same month in the prior year. On average, we are seeing 10 fewer crimes every month. This isn't to say we can't improve, but this we are proud of this accomplishment.

Over the past year more than 400 neighbors in Lake Claire and Candler Park have joined as members! With this steady climb in support, we have increased our patrol hours substantially. When we started, we were able to afford only 72 hours of patrolling each month. Currently we

Cont. on p. 4.

## Attention Aspiring Neighborhood Leaders! Meetings to Attend

The Lake Claire Neighbors (LCN) Executive Committee elections are in November. According to our bylaws, all nominations must be made at the regular yearly LCN meeting in October. The basic requirement for nomination (whether selfnominated or by another) is attendance at least four regular meetings since November 2015. So, if you would like to serve the neighborhood in this valuable fashion, and you haven't met the requirement, please join us on September 15 and October 20. We hope to see you, anyway! Meetings are on the third Thursdays, in the Rose Room at the Frazer Center: 7 p.m. socialize, 7:15 meeting. Savage provides free pizza for the meetings.

As of Clarion publication, the only officer we know of who is stepping down is the VP of Safety, Kathie Ryan, who has served the neighborhood for many years, in many ways, and certainly will continue to do so. A great vote of appreciation to Kathie for serving as VP of Safety!!!

The responsibilities of the VP of Safety include general communication with neighbors concerning safety issues through social media (e.g., NextDoor), production of the monthly security report for the Clarion and website, attendance at the monthly LCN and executive meetings, communication with APD as necessary, with optional attendance of their crime prevention workshops, and responding to emails from residents who have questions/ problems. Nominations for this position and the others (complete listing in the masthead at the top of page 2), will be on October 20.

# The Frazer Center's Four Tips for Parents of Preschoolers

by Nakeshia Wright

Somehow, inexplicably, the 2016-17 school year is already here. Summer vacations were had, swimming lessons were taken, and probably too many popsicles and ice cream treats were enjoyed. Throw in a few inevitable tantrums and occasional mischief due to summer boredom, and many parents will be sending their children off to school with relieved grins on their faces. However, if you're a parent sending your child to an early education program for the first time, you may experience more complex emotions.

Try not to fret; there are plenty of resources and experts out there to help make the transition as smooth as possible. Starting your child in an early education program can be stressful, but remember you are not alone, and the benefits and resources your child receives will be a tremen-

dous tool for his or her future learning. Check-out the list below of things you can do to ensure your child develops and thrives in preschool.

1. Look for an inclusive **program.** As an Inclusion Specialist at the Frazer Center, it is my job to especially ensure that children with special needs and their families receive the direction and resources they require. Still, every day, I witness the wonders an inclusive education affords children both with and without disabilities. ies have shown that all children benefit by being in an inclusive environment with instruction that addresses their individual development. If your child does or may be at-risk for a developmental delay, it's important to start the Individualized Family Service Plan (IFSP) and/or Indi-

Cont. on p. 3



Jackie Phlegm, Lead Aftercare Teacher, with Preschooler

Clarion Apology to BOND: Last month I misspelled Chris McPherson's name, calling him "Chris McPerson." Apologies for the mistake. See Chris' useful advice on p. 6 of last month's Clarion. BOND has been a regular advertiser in these pages, and we enthusiastically thank BOND for its support of the Clarion and Lake Claire. —Editor

| Highlights of this issue                         |               |
|--|---------------|
| 2  | Calendar      |
| 3  | Schools       |
|  | 2 222 022     |
| 6  | Security      |
| 7  | LC Land Trust |
| 8  | Kids' Corner  |
| THE <b>CLARION</b> IS PRINTED ON RECYCLED PAPER. |               |



#### **Lake Claire Officers for 2016**

President: Joe Agee, president@lakeclaire.org

VP Finance & Treasurer:

Jim Rockaway, treasurer@lakeclaire.org

VP Planning & NPU Rep:

Carol Holliday, npu@lakeclaire.org

VP Zoning: Robin Singer, zoning@lakeclaire.org

VP Environment: Melissa Pressman, environment@lakeclaire.org

VP Safety: Kathie Ryan, safety@lakeclaire.org

VP Communications: Nancy Dorsner, comm@lakeclaire.org

VP Fun(d)raising: Sara Rockaway, fun@lakeclaire.org

Education Liaison: Annsley Klehr, education@lakeclaire.org.

#### **Clarion Staff**

Editor: Beth Damon, editor@lakeclaire.org Advertising: Pat Del Rev. advertising@lakeclaire.org Distribution: Alicia McGill, distribution@lakeclaire.org Layout: Roshan Antia & Véronique Perrot, layout@lakeclaire.org Webmaster: Will Burke, webmaster@lakeclaire.org

Contact Lake Claire Neighbors at PO Box 5942, Atlanta, GA 31107, 404-236-9526 or

www.lakeclaire.org.

The Clarion is published monthly. The deadline for advertising and editorial consideration is the 15th of the month preceding publication. Letters to the editor should be limited to 300 words or fewer. The opinions expressed herein are those of the authors and not those of Lake Claire Neighbors, Officers, or the Clarion Staff.

Cover banner photo by Sarah Coburn

The Clarion Newspaper (and its predecessor Neighbors Monthly Newsletter and its predecessor Lake Claire Neighbors Flyer) has been written, edited, and distributed by volunteers since 1989.

#### **SEPTEMBER**

See tons of festivals and events for all ages at www.events12.com/ atlanta/september/.

2-5 A lot is going on, including the annual AJC Decatur Book Fest (www.decaturbookfestival.com/sessions) and

Dragon\*Con (www.atlanta.net/events/dragon-con)

- **3-4** and every weekend (through November)—Little Five Points Alive. Musicians, dancers, artists, etc. (see article in April's Clarion and www.LittleFivePointsAlive.com)
- 3 & 17 Land Trust Drum Circles, sunset to 11:00 p.m. Please walk, bike, or carpool. Bring a friend!
- 5 Labor Day, no school, no work, yay. Things to do: www.atlanta. net/events/seasonal/labor-day
- $10\,$  Concert at Callanwolde, "Salute to America and the Arts," allstar lineup. Starts 1pm. More info and purchase tix @ callanwolde. org/salute-to-america-and-the-arts-2016
- $13\,$  The Sierra Club, 2nd Tuesdays  $\it sierraclub.org/georgia/atlanta$
- 13 King of Pops "Snack Out" at Mary Lin School, Tuesday 2:30
- 15 Lake Claire monthly meeting— and every 3rd Thursday, in the Rose Room at The Frazer Center, 7 p.m. socialize, 7:15 meeting. Pizza provided free from Savage (THANKS, SAV-AGE!
  - 7 Drum Circle at the LT—see September 3 above.
- Candler Park Movie Night, McFarland USA, the last free movie of the CPMN season, starts 1 hour prior to dusk at the pool house. Blankets and picnic, www.friendsofcandlerpark.org
- Mary Lin monthly dine-out at our favorite kids-always-eatfree Flying Biscuit, 3rd Wednesday of every month. Simply show up for dinner and mention Mary Lin, and Flying Biscuit's management will generously donate 5% of your ticket to the Mary Lin Education Foundation.
- 23 Horizon world premiere (playing through October 30) "Freed Spirits" by Daryl Lisa Fazio. A mystery/comedy set in Atlanta's Oakland Cemetery! www.horizontheatre.com/plays/freed-spirits
- 23 Inman Middle School Movie Night, inmanmiddleschool.org/
- 24 "Museum Day Live," Free Museum Day—free tix for 44 Georgia museums! See www.smithsonianmag.com/museumday/museumday-live-2016
- $25 \ \, {\rm Lake\ Claire\ Land\ Trust\ Community\ Work\ Day.\ See\ details\ on}$ Page 7.

## **Clifton Sanctuary Ministries** (CSM) Update

by Robert Bryan Davis

CSM has had a great summer. The heat is still with us. We are looking forward to starting our rehab project with Home Aid. And we are tossing around the idea of having a neighborhood ice cream social to help us raise money for are construction rehab. We hope you will join us, and bring your home aid ice cream with you. Clifton needs volunteers as well. We do a lot of things, but here is a short list of needs: Organize clothes closet; Laundry on Thursdays; Driving people to appointments during the day. Time is flexible; Making sandwiches; Packing sack lunches; Monitor computer room in the evening. Give me a call to volunteer to help out. 404-379-4500. See you around the neighborhood.

Robert Bryan Davis is Lake Claire's representative to Clifton Sanctuary Ministries.

# Thanks for Paying Your 2016 **Neighborhood Dues**

Some recent LC dues payers are Elizabeth Perry, Ainsley Platt, Jennifer Hubert, Tori Campbell, Michael Hastings, Elizabeth Brock, Ellen Bern, Susan Davis, and Kristy Rachal. Thanks, all of you!

If we have missed anyone who paid his or her dues who hasn't been featured in another Clarion, please be sure to let us know at *editor*@ lakeclaire.org. We appreciate your support of our many wonderful neighborhood initiatives, including green spaces, worthy organizations, and fun events...

How to Pay?—Mail a check to Lake Claire Neighbors, c/o Treasurer, P.O. Box 5942, Atlanta, GA 31107, or go to www.lakeclaire.org/lcn/ members.htm. If you haven't contributed, there is still time to help keep neighborhood coffers in the black-AND to become famous in the Clarion!

#### **Early OCTOBER**

- 1-4 Candler Park Fall Festival, including 5K Fun Run
- 5 International Walk to School Day

Send calendar entries for the OCTOBER 2016 Clarion by SEP-TEMBER 2016 to editor@lakeclaire.org

**School Year** 



# F•O•C•U•S O•N E•D•U•C•A•T•I•O•N Life Balance at the Start of a New | Supporting the

by Megan Tarshis (14-year resident of Palifox Drive)

The start of a new school year is an exciting time, but a time of change. Any time of change can bring about stress, even when your experiences are positive. Stress is experienced when one's perceived demands outweigh one's perceived ability to cope. On the other hand, eustress (pronounced "yo o stress") or healthy stress that keeps one productive and motivated, is experienced when an individual perceives that he or she has sufficient resources to rise to a challenge. Perception is the key. One way to explore your perception of your resources is to examine five areas of your life that, when in balance, can lead to eustress. By doing so, you can gain insight into how you buffer yourself from the negative impacts of stress.

Take a moment to think of these five areas of your life: physical, mental, social, emotional, and spiritual. When doing so, think of ways in which you already take care of yourself. Think of anything and everything. Try not to think of things you have done in the past or want to do in the future, but rather things you currently do on a regular basis.

Some examples are:

*Physical*—fitness, health, nutrition, proactive medical care, sleep;

*Mental*—developing your career, taking classes, reading, managing your time, reducing mental stress in the moment;

Social—spending time with friends, family, other communities in which you are engaged,

and time with yourself;

*Emotional*—communicating your feelings, seeking connection and intimacy, creating space to explore your feelings during times of unusual stress, seeking support from loved ones or professionals when needed;

*Spiritual*—taking time to find meaning in your life, doing altruistic activities, acting with integrity, spending time in nature or being creative, having a faith-based or spiritual practice.

Hopefully, in doing this mental exercise, you have recognized many ways in which you already buffer yourself from stress. If there is an area that you notice is relatively bare, this might suggest an aspect of your life where you may want to sure-up resources. Giving yourself adequate nourishment in each domain can enhance personal well-being and allow you to feel whole and balanced.

The Take Away: Remember that life can be busy, with many moving pieces, but you currently do many things that bolster yourself from the impact of stress. Remember, stress occurs when one's perceived resources outweigh one's perceived demands. This exercise is not given for you to punish yourself for what you are not doing or to create another long list of things to do. Instead, relax, enjoy yourself, and soak in the fact that you do take care of yourself, and nourish yourself for resilience.

# Supporting the Mary Lin Rocket Fuel Fund

by Lindsay Hill

Hi Friends and Neighbors: We hope you read our article in last month's **Clarion** announcing the launch of the Mary Lin Education Foundation's (MLEF) first annual **Rocket Fuel Fund.** As we approach the halfway mark of our 100 Days to 100% Full campaign, we are pleased to share that the campaign has been well received, and parents are making donations of all sizes—from \$25 to \$2500! However, we have a way to go to reach our goal of \$85,000 by November 8, and we need the help of more community members to ensure the galactic success of our first major fundraising campaign.

We know you understand how crucial an excellent public school is to a thriving community—not only does a great school attract more families to the neighborhood who then give back to the community, but it also increases property values and contributes to the growth and vibrancy of every aspect of our beloved neighborhood. What you may not know is that Mary Lin is one of the six schools in APS that does not receive title-1 funding (significant funds allocated to schools where more than 40% of students qualify as disadvantaged). This means it's primarily up to the parents and local business community to provide additional funding for resources the APS budget does not cover, and unfortunately

Cont. on p. 6.

## **Tips for Parents of Preschoolers**

Continued from page 1

vidualized Education Program (IEP) process as early as possible. Starting an IEP/IFSP early not only ensures accommodations and support systems for your child, but makes the transition from preschool to kindergarten much easier.

2. Communication is crucial. This may be your first go-around sending a child to preschool, but we've been developing kids for a long time. Has your child not been sleeping as much as usual? Is there a new fear to overcome? Are you confused about policies or procedures? Let us know! Not communicating upfront often leads to increased, inefficient communication down the road. It might also be useful to start a communication log. The notifications and updates you will receive about your child is significant and will only increase. Catalogue them all together.

**3. Start a routine for before and after school.** This only goes for older children who will be starting kindergarten shortly—infants have their own (albeit unpredictable) routines. Regular routines help kids to cooperate, learn to take charge, and to keep a schedule. It gives them consistency, certainty, and safety. Structure at home regularly

translates to good behavior at school, reducing time spent on negative feelings and distractions, allowing more time to learn and develop

**4. Get involved.** Any high-quality early education program affords plenty of opportunities for parents to stay actively involved in their children's blossoming educations. Join the parent-teacher committee, serve as "lead" parent for your child's classroom, volunteer when asked. If your schedule is just too hectic, at least make sure always to attend parent-teacher conferences, IEP meetings, and program-wide functions. Staying engaged is the most direct way to stay informed about upcoming events and potential policy changes. It's how you strengthen relationships with teachers and administrators, as well as form beneficial relationships with other parents. Certain program changes may affect your child more than others, so stay connected. You are your child's voice when decisions are being made; make sure they are represented.

Nakeshia Wright is an Inclusion Specialist at the Frazer Center, Lake Claire's friend and neighbor, and one of the metro-area's only in-



Nakeshia Wright

clusive early education programs. In this role Nakeshia works closely with families, teachers, therapists, and other entities to provide the best possible experience for children with special needs. Nakeshia has worked for the Frazer Center since 2009 in various capacities, including assistant teacher, lead teacher, and lead Pre-K teacher. You can contact her at n.wright@frazercenter.org.



## **Security Patrol Anniversary**

Continued from page 1

are patrolling 112 hours each month.

In order to maintain or increase our hours, we need continued support from our current CPLC Patrol members. We also need more households to join.

As we enter Year Two of the CPLC Patrol, our volunteer board members are working hard to increase membership to increase the monthly patrolling hours. Additional patrol hours will increase visibility and crime deterrence. We'll have details out soon about a fall membership

campaign. If you are a member of the CPLC Patrol, we are grateful for your support. We sincerely hope you will renew your membership. For our neighbors interested in becoming members, please don't wait! Visit our website at www.CPLCpatrol.org to renew (click the big red button) or sign-up today!

#### **Facts About the CPLC Patrol**

- We are a joint (Lake Claire and Candler Park) neighborhood security patrol started in 2015 to supplement our area policing.
- The CPLC Patrol is a non-profit organization governed by a volunteer board and staffed by off-duty City of Atlanta police officers who have full arresting powers.
- With the creation of the Patrol, Lake Claire and Candler Park joined the majority of intown neighborhoods already fielding a security patrol.

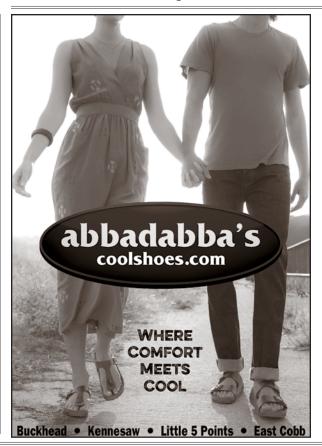
Thanks to the enthusiastic support of our neighbors, the CPLC Patrol already boasts more than 400 members, making it one of the largest patrols in the area.

Since its beginning in Fall 2015, the CPLC Patrol has reduced crime in our neighborhoods.

#### **CPLC Patrol Membership Benefits**

- Direct access to patrol officer during patrol hours (always call 911 first);
- Vacation patrols;
- A CPLC Patrol yard sign;
- Increased neighborhood security;
- Monthly newsletter









Visit our website at www.nealandwright.com

- \* Adoption
- \* Commercial Real Estate
- \* Wills & Estate
  Planning
- \* Corporate & LLC Formation
- \* Other Business Legal Services

Sherry Neal, J.D.
Sherry@nealandwright.com

Dan Wright, J.D. Dan@nealandwright.com

Jodí Greenberg, J.D. Jodí@nealandwright.com

25 E. Trinity Place, Suite 300 Decatur, GA 30030 (404) 257-6494



## Ready to put down or pick up roots? I can help.



I've helped people put down (and pick up) roots in and around 30307 for years. I'm a Mary Lin and Grady High mom and personally rooted in Lake Claire. As an Intown homeowner and Realtor® with deep roots in our community, I know how to help you find the right home and market your home to sell.

Ready to buy? I'll leverage my intown network to find the right property – and negotiate the best deal for you.

**Ready to sell?** My experience with professional staging, compelling photography, and creative marketing helps sell your home faster and for the highest price.

Contact me, your intown Realtor® and neighbor, when you're ready to put down (or pick up) roots.











Lake Claire

Candler Park

Inman Park

Decatur

Druid Hills

Virginia Highland

Morningside

Poncey Highland

Old Fourth Ward



# September into October in the Garden

by Elizabeth Knowlton

Never leave bare soil in your **garden.** This does not mean you must drive out and purchase expensive dyed wood chips (oh, those artificial reds and blacks!) or (just as bad) chips made from non-renewable cypress trees. Yes, I buy wheat straw for the vegetables and some pine straw for blueberries and azaleas. A small amount of chips from pine bark takes care of covering the soaker hose along the street strip. But most of the flowers can be mulched with shredded leaves. The big leaf drop season is approaching: Don't export all your leaves and import all your mulch. Many leaf blowers have a vacuum and shredding function that makes a mulch small enough for the most delicate plants and compact enough for storing in plastic bags, which is what you will need if you plan to keep the leaves throughout winter and into spring. The bags can also be dragged around the garden as needed.

Unshredded leaves are **used** in the compost set-up you ARE going to try this year. Whatever kind of bins you choose or build, the process is easy. You need twice the amount of brown waste (leaves) as green, so keep some bags ready for the summer months when you are adding piles of weeds as well as kitchen waste (vegetable and fruit cuttings, crushed eggshells, coffee grounds) to your bins. In the winter you will use fewer leaves because there will not be much green garden waste. I maintain three connected wire-encircled bins. Into the first bin goes all the fresh stuff. If we are having a drought, then I water the bin enough so that ground bees or ants do not take up residence.

When the second bin is **empty,** fill it with the contents of bin one. (Nowadays I hire a helpful, high school boy to accomplish this task.) Every three-six inches I sprinkle the surface with compost maker and dampen it. Locally I buy one made by Bonide but do not find it as effective as Gardener's Supply's Compost Starter. Each costs about \$20 and is enough for one-two bins. In this turn, the first materials are what you most recently put in bin one, and the last are what was on the bottom, so you may start with a hay fork and end with a shovel.

Turn bin two when bin three is empty. You will probably notice at this point that bin two has shrunk by a foot or so, a clue that the compost is ready. Even if a little at the top is not completely broken down, it will end up at the bottom of bin three and can finish decomposing while you use the top layers. Believe me, you will never have too much compost. Dig it into the top of beds as you prepare for planting. Add to outdoor containers. Sprinkle it around existing plants and water in before covering it with mulch. Compost, like all nutritious soil amendments, burns up in a trice under our 90-degree, sunshine.

Now for preparing for fall: Have you ordered the spring bulbs you will plant in November and December? Ask that they be delivered right before you intend to start planting because they will need special refrigeration until that point.

Sow all your cool-season crops now, such as Asian greens, beets, carrots, collards, kale, lettuce, mustard greens, radishes, and spinach. If they are going to take a while to make a crop, like cabbage or broccoli, put in plants.

Divide the perennials that bloom in spring and summer. Many, like daylilies and iris, can be chopped in half or pulled apart. This does not work for those with woody stems, however. Be sure to amend the soil and keep watered after planting until you are sure they are well rooted.

Plant trees and shrubs as the weather cools down because fall is the best time to do this in the South. Prepare the soil well and deep water, but do not fertilize or prune branches now. Prune any roots that are tangled or growing in a circle.

After your outdoor containers need a lift in late October, consider calendula, cyclamen, primroses, snapdragons, and violas to carry bloom through the winter. Just make sure the container is not made of terra cotta because clay pots will crack with the temperature changes and cold dampness of the seasons.

Gardening is all about learning. I let both my new Geum die this summer and once again murdered phlox 'David.' Guess I just don't want David in my garden.

### Wild in Lake Claire

by Carol Vanderschaaf

The time has come:
The gardener said
To speak of many things
Of native plants to plant this fall
That will bloom in the spring
To bring birds and bees and butterflies
And bright things on the wing...

.....

•••••••••••

Many apologies to Lewis Carroll. But I need to remind myself and to pass this reminder on to you that fall is a great time to get things in the ground. When I was working on the Freedom Park Native Plant Garden, we would sometimes plant as late as the second week in December and still have luck in seeing these plants emerge in the Usually, to tell the truth, we started in October, probably the better time. There is so much info on the web about native plants and their relation to bird, butterfly, and pollinator populations that I just want to mention a few things here.

Getting a good wildlife habitat garden together can be as easy or as complicated as you want it to be. I like simple, so I would say just pick one, two or three plants you'd like to start with. Find flora which have nectar or seeds and berries that will attract fauna likeable to you. You know, the flora-fauna connection—love those words—kind of like the name of an oldtime personality whom Meryl Streep might play in a movie.

If I were to start a garden today I'd probably start with Butterfly Weed, (Asclepias tuberosa), a host plant for the Monarch Butterfly. Monarchs migrate through all of Georgia in the spring and the fall. I know no reminder is needed about the plight of this beautiful creature. Butterfly Weed is the only plant that can act as its host. Plant only this native species, or you might do more harm than good. And pulleeze don't get it mixed up with the Butterfly Bush. The latter will attract butterflies but doesn't act as a host for any butterfly. Exposed: it is not a Georgia native!

I would plant several Cardinal Flowers for hummingbirds, as

the birds love their nectar and their color. I too, like the latter, haven't tried the former.

For berries for the birds, I'd plant some blueberries and let my volunteer mulberry trees grow. Another hint if you can stand it: let some pokeweed grow to maturity. Birds love those purple berries (and their purple poop will let you know where they hang out in your garden).

Cardinals, the birds. Rebecca Levine, who, as a Ph.D student in Emory's Department of Environmental Services, led a study published in the American Journal of Tropical Medicine and Hygiene regarding Northern Cardinals and the West Nile virus. The study gave proof that, according to Dr. Levine, "that northern cardinals and some other bird species may be 'super suppressors' of the virus in Atlanta." "This finding suggests that old growth forests may be an important part of an urban landscape," Levine says, "not just because of the natural beauty of ancient trees, but because these habitats may also be a means of reducing transmission of some mosquito-borne diseases." Cardinals are a year-round species here in Georgia and nest in those large bushes that you, hopefully, let grow in your yard. Thanks to Tom Painter for forwarding this article.

The Return of the Green Heron! Meta Larsson, our devoted reporter, reports that she saw a Green Heron in the pond in Candler Park. Hurrah! Back again! Green Herons arrive in Atlanta around March 23 and leave about October 24.

And me: Well I, Flora Fauna, will see you next month when, hopefully, I and the weather are



#### M. Lin Rocket Fuel

#### Continued from page 3

these budgets are not getting any bigger.

We are pleased to blast off our Mary Lin School Partner Program—a great opportunity for local businesses and other community organizations to increase their exposure to the Mary Lin community year-round and help us reach our fall fundraising goal to fill the fuel tank with \$85,000 by Nov. 8. With the help of our school partners, parents, neighbors and community members, we CAN raise \$85,000 by November 8 and ensure every teacher at Lin has the top-rate skills and innovative tools needed to foster a classroom environment that celebrates creativity, allows for differentiation and ensures every child can reach their potential.

Please visit *www.marylineducation.org* for all the details on how you can launch our next generation of stars.

#### **CHARM**

by Boyd Baker

Does recycling matter? Can't we just throw everything away and be done with everything? The answer is yes and yes - but that second one's not a great idea. Recycling does more good than you may realize. The CHARM Center, just a few blocks from the Atlanta Zoo, knows this well.

CHARM stands for Center for HArd to Recycle Materials. They are our local partner to the City of Atlanta recycling program but they go a step farther. Where the City accepts newspaper, cardboard, aluminum, plastic, glass, and steel, CHARM takes those and more. Why? Because Peggy Whitlow Ratcliffe realized our City's citizens could do more. She's opened an incredible facility that serves us all and makes our community so much stronger.

Paint, chemicals, pharmaceuticals, styrofoam, carpeting, televisions, mattresses, tires, light bulbs, batteries, electronics, and textiles were being thrown away in huge numbers. Why does this matter? Because these are not healthy items that biodegrade. You know what they do? They leach various chemicals and elements into our ground water that can be harmful.

Imagine those folks who pour cleaning products, medicines, and paints down the drains at their homes! That goes right into our water system and then requires extra chemicals and processing to make the water usable again. Then those items have to be recycled.

CHARM doesn't take everything that's not biodegradable, but they take an awful lot. This 501(c)3 organization is approved by the City of Atlanta, and Ratcliffe hopes that soon they can expand to have CHARM locations in all quadrants of the City. In 2016 alone, they've collected over 4,080 gallons of paint; 16,233 gallons of chemicals; 75,987 pounds of electronics; 953 pounds of Styrofoam; 7,300 tires; 7,123 pounds of batteries.

Visit CHARM's website at *www.livethrive*. *org*, and find out how you can recycle some of those "awkward" items that you know shouldn't go in the trash. We all can do much to improve our city and environment.

# Keeping An Eye on the Crime and the Time:



Lake Claire Security Report, June 12 - July 15 (5 weeks)

Only one incident was reported in the period:

1800 block McLendon Avenue, 6/13: Taken: check from mailbox. Victim's check was placed in the mailbox; fraudulent activity on her account was reported a few days later.

#### **Notes:**

- See something, Say something. If something doesn't seem quite right call 911.
- APD's Clean Car Campaign: Leave nothing visible in your car that could attract attention.
- Help make our neighborhood safer by joining the Candler Park Lake Claire Patrol at <a href="https://www.cplcpatrol.com">www.cplcpatrol.com</a> (see summary of the CPLC's first year–article on Page 1 of this issue).





STARTING AT **9.99%** APR\* – SEE BONDCU.COM/LOANS/CREDIT-CARD FOR MORE INFO \*Restrictions may apply; subject to approval. APR=Annual Percentage Rate. For details, call 404-525-0619 x217



### **Fall 2016 Community Work Day:**

#### Sunday, September 25, 1:00 - 5:00 p.m.

The Land Trust is open for your enjoyment year-round during daylight hours. Once each season, we invite you to pitch in and help keep it beautiful. Our usual projects include weeding, pruning, spreading wood chips on paths, removing invasive mimosa, trimming bamboo, and staining wooden structures.

In addition, we have some special projects we would like to work on if we can get some experienced workers to volunteer:

Replacing the wooden fence behind the stage. Our local neighborhood band, Webster, has made a generous donation to help us do this! However, we do need some skilled help to mix cement, set posts, and attach fencing.

Repairing the roof on the small gazebo.

Redoing the cement stairs going down to the sauna.

If you have skills and experience to offer and can help with one of these special projects, please email us at grounds@lcclt.org so that we can have the necessary materials on hand.

Work gloves and drinking water will be provided. Pizza will be served when we finish. Remember, YOU are the "community" in our name!



### Olympic Gold at the Land Trust:

#### Looking Back at the 1996 Olympics

by Miriam Herbers

There has been much discussion in the local media about the 1996 Olympics in Atlanta as the 2016 Games begin in Rio. These are some of my memories of that year at the Land

Many in Atlanta thought renting their homes would be a great way to make money. The Land Trust was no different. Patti Richardson and others introduced the idea that the mortgage might be paid off if we rented primitive camp sites to out-of-town guests wanting an affordable place to stay while attending the games. After all, our location near MARTA was ideal. DeKalb and Connecticut used to have a bus stop at that time, and the train station was just 1/4 mile away. Not to mention the gardens, gazebo, play area, Flying Biscuit, the "little store," all in a great neighborhood.

The shower stalls by the sauna were built, and two 50-gallon drums were painted black and placed on top to provide warm water for showers. It was August, so the water provided relief from the summer heat. I also remember inviting a couple of women into our house to shower. What we now call the Olympic Shed, currently used for storage, was built to house compost toilets. This was way before the current flush toilet in the rest room.

Paths were freshly spread with wood chips as volunteer neighbors merrily got ready for guests. We even had a greeter and "security" provided by Rainbow Weaver and Sun Dog, who set up a large teepee at the entrance to check campers in and monitor nighttime comings and goings. Rainbow Weaver was an artist, and some of us still have portraits or caricatures she painted. Mine is of my daughters and is signed with the Olympic rings. She set up her "studio" in the gazebo, where she always had an audience.

A TV was set up outside near where the Gorilla Grill is now so that neighbors could gather to watch Reuben Haller perform in the opening ceremony. We had people lined up to make box lunches for campers to take with them, but since they left early and returned late, we did not see very much of them, and the lunches were not needed. In typical fashion, though, a pot luck was held to welcome and meet the campers.

Campers came from Indiana, Oregon, Virginia, Canada, England, South Africa, and beyond. One camper's son won a sliver medal in cycling. Two groups stayed with us the entire two weeks. Most stayed two or three nights. The Land Trust did not pay off the mortgage, but enough money was made to pay for the water and electricity hookups that were installed, as well as for the building supplies for the structures that were built and still remain. Mostly, we had a whole lot of fun!

Thanks to Patti Richardson, who collaborated with me to gather these memories, and to the 1996 edition of the LCCLT newsletter (written by Patti). When memory fails, check the record!

### **Holiday Craft Sale** on the Horizon

It is still too hot to be thinking about the winter holidays, but it's not too hot to be thinking crafts. And if you're an artist or a craftsperson, it's never too early to start building up an inventory for holiday gift-giving.

This year the Land Trust will collaborate with Lake Claire Neighbors to continue the holiday craft fair tradition. The Frazer Center is offering its large, beautiful, natural light-filled atrium for the event at no charge because of the continued support it receives from the LCN. However, because renting the atrium is a large source of support for the Center's programs, a paying customer will get first dibs. So while December 3 is the hoped-for date, as listed on the Land Trust calendar, it is tentative. The director will let us know by November 1.

The crafts fair will run the same as in previous years, with instructions coming out when we get the okay to proceed. Hopefully the children's area can be expanded with extra room, too. Pen Sherwood for the LCN and Miriam Herbers with LCCLT will be the organizers.

#### Upcoming at the Land Trust . . .

Sat. Sept. 3 and 17—Drum Circle, sunset to 11:00 p.m. Please walk, bike or carpool. Bring a friend!

Sun. Sept. 25—Community Work Day. See article on this page.

# Scarecrow Helpers Needed!

The Brownie scout troop that has held meetings on the Land Trust for the past few years is planning to create a scarecrow to display at the Atlanta Botanical Gardens. They need a few strong volunteers to help with the construction and work with the girls. If you have ever seen the scarecrow exhibit at the Botanical Gardens you know how creative and awesome this is. When it is no longer on display we can make a home for it on the Land Trust. They will be meeting at the Trust on Monday, September 19 at 5:00 p.m. to work on the project. Please join them if you'd like to help.

Land Trust Supporters:
Have you renewed for 2016? Anyone can be a Land Trust Supporter by donating \$10 a year. Donate via www.LCCLT. org/stewardship; mail a check made out to "LCCLT" c/o Treasurer, 270 Arizona Ave., Atlanta GA 30307; or donate via the chute in our bulletin board. Include your address and we'll mail you an "I Support the LandTrust" bumper sticker. Include your email address, and we'll add you to our email list.

(Donation not required to get on this list! Contact info@LCCLT.org.)





#### LAKE CLAIRE KIDS' CORNER



We hope this series is fun and a way for young Clarion readers/writers/artists to participate. This month we feature Caroline Pinkston-Pope. Caroline is 5 years old and lives on Tuxedo Avenue with her parents, Helen and Loretta Pinkston-Pope. They have lived in Lake Claire for about 1.5 years. Caro-

line is in kindergarten at Mary Lin. Her hobbies include singing in the choir at All Saints' Episcopal Church, drawing, painting, and gymnastics. She said to let our readers know that she likes dogs (I think that's fairly evident!), especially her dogs George and Laffite, and all the dogs who walk down their street with their people.

Hey there, Lake Claire kids, let's hear from more of you—we want your creativity on this page. Submit articles, poetry, drawings, your original puzzles, etc., to editor@lakeclaire.org. We'd love to hear from vou.

**NEW CONTEST:** Kids: Labor Day is in September, and dedicated to the social and economic achievements of American workers—i.e., it celebrates American workers and how hard work has helped this country to do well and prosper. The first Labor Day parade was

in protest to poor working conditions and long 16-hour work days. The hidden graphic this month is in honor of Labor Day. Another holiday in September is Grandparents' Day. It is a day to honor your grandparents

and the contributions made to society from all seniors. To win

this month, find the Labor Day

graphic, and for extra cred-

it, tell us something special

you've done for a grandparent

and even send us a picture of

you with your grandparent(s).

The extra-credit prize is to have

your art or writing featured in a

future Clarion.



Caroline with her doggies, Laffite & George

Caroline's Drawing



Caroline finds the graphic



Aarini

#### \*CONGRATULATIONS!\*

Caroline Pinkston-Pope was the first place winner and Aarini Ransom the close runner-up in finding the hidden goat last month. The extra credit, because August was "National Water Quality Month," was to tell us what you do to conserve water. Caroline says she turns off the water while she brushes her teeth. Aarini says she conserves water by turning off the water while putting soap on her hands. For the extra credit prize, which both girls earned, Caroline is the featured artist this month (see above), and Aarini is invited to write or draw something when she wants to, next month or soon. Congrats, Caroline and Aarini!





### Hello...Safe Journey-Skiing in and around Lake Claire

- Thomas Mayer will turn 3! (Gordon Avenue)
- Vickie Smith (+welcome to your new home, Harold)
- Lilliana Amato's 8th birthday! (Leonardo) 13
- 19 Miller Lynn will be 5! (Leonardo)
- Keely Baker-the big 13 this year! (Leonardo, see last month's 20Kid's Corner).
  - 20, 21 (day) 51, 18 (years) Your dear mother-daughter layout team.
  - 22Rene Godiers (Marlbrook)
  - 23 Alyssa Olson (Leonardo)
- Artist Olivia Ledbetter, to be 15 (McLendon Ave.) 24

Happy day, Vickie and Brandon Smith

Welcome to New Neighbors: Clarion welcomes Sara Rossi and Jeff Debell and daughter Emma (moved to Harold at the end of August); we welcome back Jennifer Ruddell with sons Jack & Reece (Hardendorf); AND welcome to New Doggie Hedda Waehner (pictured above, Hardendorf).

Take a minute right now, and send life cycle events/important rights of passage, etc., for the month of OCTOBER to editor@lakeclaire.or, or any time before September 15. Please help us make this feature inclusive of our LC 'hood.