

May 2022

The Lake Claire Neighborhood Newspaper • www.LakeClaire.org Lake Claire embraces inclusivity and diversity of all kinds.

V.30, #5



The Watershed Mural

by Richard Powers

For over 12 years I have picked up trash, mowed grass, pruned trees, etc., along Dekalb Avenue beneath the Lake Claire Cohousing's block-long retaining wall, and have become enamored of the message and beauty of the Watershed Mural. There are now four new graffiti tags on the mural, for a grand total of six. This vandalism was surely inspired by the deteriorating mural's abandoned appearance. Over 15 years the

mural has had only three tags, which were promptly removed; until recently it has apparently been seen as a "sacred statement" even by vandals.

We urgently need to revisit the flora, fauna, and history depicted on Lake Claire's landmark public artwork, if only to admire what's left of the river trips and the informative narrative depicted by muralist Da-

Cont. on p. 3.

For Wahoom the Bell Tolls?

... it tolls for thee. That is, it's Wahoo time! Summer is just around the corner, and preparations are underway at the Lake Claire Pool (LCP) for much fun in the sun. As many of you know, the Lake Claire Wahoo is a seasonal, competitive swim team offering professional coaching and instruction for children aged 4-18. Swimmers belong to the LCP, or are non-members who live within 5 miles of the LCP, or are assistant coaches or lifeguards at LCP aged 16-18. The primary goal of the team is to have fun and to instill in swimmers a love of sport and an appreciation of sportsmanship, while giving children the opportunity to improve skills and achieve success at each of their own level of ability.

The Junior Wahoo Program is a selective developmental program for emerging swimmers aged 3-6 who are pool members. Your young swim-

mer will work with Wahoo coaches to refine his or her stroke and improve endurance, with the goal of swimming a full lap and competing for the Wahoo. The Junior Wahoo Program will run only in June (dates TBD/ check website at lcwst.swimtopia. com/about). Due to the limited enrollment and short program duration, please ensure that your child meets the minimum skills outlined on the website before registering your child. If you are unsure if your swimmer will meet the program requirements, we recommend you connect with the head coach before you register.

Junior Wahoo Minimum Skills: Juniors should be able to put their faces in the water, float on their backs, and be able to propel themselves across the fifteen-foot in-

Cont. on p. 6.

The Future of Transportation by Kevin Posey

What is to become of the nation's transportation network with so much of the demand suppressed by new employment practices? Empty highways and rail lines are not sustainable, as both incur maintenance costs, even if their use is drastically curtailed. Either their footprint must be taken over by alternative modes or by different land uses.

New demand patterns are just beginning to emerge. One of these patterns is not really new, but is a return to the local community in which most people lived and worked prior to the advent of the car. This is the 15-minute city concept, now being implemented in Paris, along with the even more radical concept of the 1-minute city that is under development in Stockholm. The 15-minute city is defined by the Congress of New Urbanism as one that has:

...the ability to provide access to all human needs by walking or bicycling for a quarter hour or less. Transit should be provided within the 15-minute city, but cannot accurately define its scale..."

The reliance of this form of temporal urbanism on modes like walking, biking, and other forms of micromobility means that cities need not expend large amounts of financ-

Cont. on p. 9.



Photo by Gretchen Connell



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The Clarion is published monthly. The deadline for advertising and editorial consideration is the 15th of the month preceding publication. Letters to the editor should be limited to 300 words or fewer. The opinions expressed herein are those of the authors and not those of Lake Claire Neighbors, Officers, or the Clarion Staff. Cover banner photo by Sarah Coburn

The Clarion Newspaper (and its predecessor Neighbors Monthly Newsletter and its predecessor Lake Claire Neighbors Flyer) has been written, edited, and distributed by volunteers since 1989.

May Calendar

Please check Page 9 for LIVE MUSIC.

A Ramadan ends.

Apologies for not putting it on the April calendar

Vinyasa Yoga with Ashley Brooks at the Land Trust, 10–11 a.m., \$10/ person. More info: *ashleydbrooks@gmail.com* or 404-604-9782.

1, 15, 28, 29 Edible & Medicinal Weeds Walk with Flourish & Flora 10–noon and 2–4 p.m. \$40/person. Led by Morgan Strickland. Sign up at *www.flourishandflora.com*. See article in last month's Clarion.

1–21 Alliance Theatre's Hertz Stage presents Lonely Planet, an entertaining, powerful, and heartfelt intimate portrait of two friends navigating life at the height of an epidemic. One person becomes increasingly fearful of the world outside, and his spirited friend begins filling the store with a variety of mysterious chairs. Written almost 30 years ago, Steven Dietz's funny, hopeful, and deeply human play continues to ring true as a commentary on the value of friendship and community during uncertain times. Info/tix: *alliancetheatre.org/production/2022-23/lonely-planet*

6 The Horizon Theatre presents *Roe*, by Lisa Loomer. Playing through June 12, the play is in turns shocking, humorous, and poignant, It reflects the fierce debate over Roe vs. Wade through the personal journeys of "Jane Roe" and the lawyer who argued the landmark case at the Supreme Court. Reveals the twists and turns in their amazing stories in the years leading up to and following the fateful decision. Info and tix: *www.horizon-theatre.com/plays/mainstage/roe-play/*

Acoustic concert: "Holy River" folk duo, 6–7:30 p.m. \$5 donation. (See article on page11.)

7 Drum Circle, 8 to 11 p.m., \$5 donation requested. *Rain date: Sat. May 21*

9 a.m.-noon, Frazer Forest Volunteer Workday with Trees Atlanta. Help restore and maintain our beloved neighborhood old-growth forest. Pre-registration required. Space is limited. *frazercenter.org/about-us/events*

10 Good weather for a walking tour. "Decatur Architecture Walking Tour," presented by the Dekalb Co. History Center, May 10, June 7, July 12, see *dekalbhistory.org/public-programs-dekalb-history-center/ walking-tours/*.

1 Land Trust Board Meeting, 7–8 p.m. All welcome. *info@lcclt.org* for Zoom link

12 Actors Express presents *Booty Candy*, an audacious series of subversive vignettes that explore what it means to grow up gay and black in America. Playing through June 12, info/tix at *actors-express.com*.

Vinyasa Yoga with Ashley Brooks at the Land Trust, 10–11 a.m., \$10/ person. More info: *ashleydbrooks@gmail.com* or 404-604-9782.

15 Meet & Greet Liliana Bhaktiari, 2:30–4:30 p.m. (See announcement page 11.)

16 DeKalb History Center Lunch & Learn. Author Robert M. Craig will be discussing the restoration of the Smith-Benning House and the competing preservation philosophies determining the "proper" way to restore a historic home. In- person or recording of the program at a later date via the DeKalb History Center YouTube channel. *selem@dekalbhistory.org.*

17 Indian food to go. The NaanStop family-owned restaurant once more offers a pop-up Indian meal in Lake Claire, with 10% of sales benefiting the Land Trust. Info on Page 11.

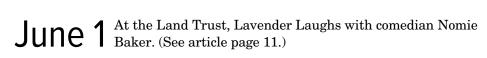
19 Live (via Zoom)! The Lake Claire monthly meeting. *lakeclaire.org* for updates and Zoom information. Always from Lake Claire the third Thursday of the month. Keep informed by signing up for mailings and Zoom link at *lakeclaire.org/resources/newscast-sign-up/*.

21 Land Trust Community Work Day, 9 a.m.–noon. Pizza follows. Rain date: Sat. May 28.

25 Alliance Theatre's Coca-Cola Stage presents *Trading Places, the Musical,* through June 26. Inspired by the movie, a hilarious world-premiere musical pitting nature against nurture in a modern-day prince and the pauper story. See *alliancetheatre.org/production/2021-22/trading-places.*

28 Creative Class at the Land Trust with Brook Hewitt: Rainbow Science and Fun, 4–6 p.m. Article page 11

June 1 Theatrical Outfit presents Lady Day at Emerson's Bar & Grill, in which the TO stage transforms to a 1950s Philadel-phia jazz bar where the legendary Billie Holiday gives one of her final performances. Tix and info at www.theatricaloutfit.org/shows/lady-day-22/.





Jodi@nealandwright.com

Bees—and Mosquitoes

by Marcy Cornell

Hello, Lake Claire! It's that time of year again—the trees are leafing out, the flowers are blooming, and the honeybees are buzzing. Most of this happens regardless of what we do or don't do, but one thing requires a little help from us: keeping those bees buzzing.

One person spraying their yard for mosquitoes can affect bees for a surprisingly large radius. If you normally spray for mosquitoes, please reconsider! Honeybees, whether wild or kept in hives, are vital pollinators. Any beekeeper (and we have several in the neighborhood) will tell you how heartbreaking it is to have thriving hives one day, and a sad dead pile of bees the next.

If you have an interest in learning more about honeybees, please feel free to ask any questions you may have via email at mcornell@gmail. com. Or if you like, you're welcome to walk by and observe the new hive we just installed on Arizona Avenue; it's clearly visible from the sidewalk, and far enough away for safety. You'll be able to see the bees entering and exiting the hive as they collect nectar and pollen. They fly out and up, and sometimes you can tell what they're foraging that day by tracking their flight paths. They live underneath a huge tulip poplar, a wonderful nectar source.

This is also the time of year when bees swarm. Swarming occurs when hives start increasing their populations in the spring, and the bees start to feel crowded. They hatch a new queen for the existing hive, and roughly half the bees, and the old queen, take off in search of a new home. In the wild, this isn't an issue, but it can be a problem in urban areas, because if they don't find an appropriate spot, they can end up in houses. I've seen swarms locate themselves in anything from walls to cars to trash cans.

Swarms can look scary, but the bees are so intent on finding a new living space that they're not aggressive. If you see one, it will either look like a cloud of bees (if they just recently swarmed) or a basketballsized clump of bees (if they've settled down after swarming). Either way, even if you do nothing, they will move on after a few days to their new home, so please don't spray them or call an exterminator. Most experienced beekeepers are more than happy to come capture a swarm, and most don't charge anything to do so. You can call the Metro Atlanta Beekeepers Association (contact info on their website at metroatlantabeekeepers. org) and they will send someone out to collect them. You can also call a neighborhood beekeeper, myself included, who will collect them and, often, install them in a neighborhood hive so that you can enjoy seeing the rescued swarm from time to time.

The benefit of doing this is that it prevents the bees from ending up in a structure, which is a messy and often costly issue, requiring specialized equipment and sometimes repairs afterward. Unlike with a swarm, which is easy to scoop up and can become a thriving colony, a bee removal from a structure involves (for example) cutting into walls, vacuuming out the bees (it doesn't hurt them, but they REALLY don't like it), cutting out the honeycomb and fitting it onto hive frames, and

Cont. on p. 7

Watershed Mural

Continued from Page 1

vid Fichter and over 100 volunteers. Dozens of neighbors helped to paint it and contributed in other ways, then celebrated its completion with a party that closed Dekalb Avenue for two hours on Earth Day 2007. "Fun"-raisers financed the project with music, dancing, food and more. Formally titled "Native Waters," the mural portrays the watersheds of Georgia and is situated directly on the Eastern Subcontinental Divide, which runs along Dekalb Avenue, and separates the river systems that lead to the Atlantic Ocean and the Gulf of Mexico, respectively.

Please, will some person or group step up to rescue this story of why

we should protect our most valuable resource, our water? To understand its history and value for the future, go online and visit David Fichter's website. Better yet, walk down to the corner of Dekalb and Connecticut Avenues and read the information boards posted there (far right of mural, you can see in the picture). Then cross the street for a better view and stroll alongside the MARTA tracks, and take in this grand vista from one end to the other. I hope to read in next month's Clarion that someone has taken on the task of organizing a new crew of volunteers to restore it to health. Contact editor@lakeclaire. org to let us know.

Yoga Benefits at this Time of Year

by Frani Green

Greetings, Lake Clarions! Our neighborhood is SO beautiful this time of year. Flowers blooming, trees budding, and pollen everywhere! For those of you who have allergies, here is an alternative way to clear out your sinus passages and BREATHE!

Alternate Nostril Breathing, or Nadi Shodhana Pranayama, is an ancient breathing exercise, that not only helps clear your sinus passages, but also creates calmness, balances the right and left sides of your brain, and helps to focus if you are feeling scattered, It helps balance hormones, clears and releases toxins, and gives you an overall feeling of alertness. Here is how it is done:

~ Using your right thumb, close off your right nostril and take a full breath inhaling through your left nostril

~ Then, close the left nostril with your ring finger and exhale through

the right nostril

~Inhale through the right nostril keeping the left nostril closed, hold that breath

~ Release the left ring finger and close the right nostril, then exhale through the left nostril

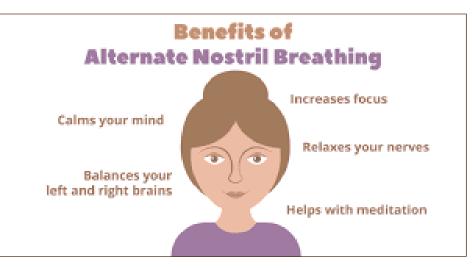
~ Inhale through the left nostril, hold the breath, release the thumb and exhale out the right nostril

~ Repeat for 3-5 minutes.

Now, **notice**. Sit for a moment, feel the energy of the breath, the openness of your breathing capacity, and the calmness of your mind and spirit. ENJOY!

Namaste, Frani

If you are curious and would like to learn more, please feel free to reach out to me at franigreen@bellsouth. net, Yoga with Frani on Facebook, or Frani-Yoga on Instagram.



Don't You Love Fallfest?

ake Claire, did you know that the Landler Park Fallfest started in another form back in the 1970s? There are all sorts of stories and personalities that have made Fallfest special over the years. Mark Clement, the ever-present emcee of Fallfest, is hard at work gathering stories, pictures, videos, and random memories for a mini-documentary. His hope is to create an archive for this wonderful community event that so many people, even beyond Lake Claire and Candler Park, gravitate to—and that has been such a large part of so many lives.

"I just think it's incredible to think of all the volunteer hours that so many families have donated over the years to make this such a great event," Mark says. "I was actually in one of the very first road races when the fest was more Halloween-themed as a kid. Won my age category too!"

Mark, along with Boyd Baker and Meshall Shumate, are looking for great memories, unusual pictures, and any loving memories that people have. Whether it's about the time that it flooded, or you saw that incredible musical act, or just the first impression of the first time you attended one, all reminiscences are welcome! You can reach out to Mark, Boyd, and Meshall directly, or email *fallfestdoc@gmail.com*.

Please tell your neighbors! The more we spread the word, the more stories we can gather.

A website and newsletter signup should be set up by the time you read this in the May Clarion. For new residents who don't know, Fall Fest is usually the second full weekend in October and is among the most beloved festivals in metro Atlanta. Two days of music, art, food, games, rides, and special attractions draw 20,000 people a day to Candler Park—and onto the streets of Lake Claire and Candler Park! All money raised goes to the community, Mary Lin school programs, improvements to the park itself, and the like.



Neighborhood Dues for Lake Claire

Suggested annual dues are \$20/year per household, but as with NPR, any amount is appreciated. Pay at lakeclaire.org via the link **OR** by check in the mail to Eileen O'Neill, Treasurer, PO Box 5942, Atlanta GA 31107. Since FEB. 15, the following folks paid dues:

Parker Smith

Sara Rockaway

Ed and Stacy Hyken

Sarah Goodfellow Debbie Livingston

Fuze Management

Karen May

Kevin Posey

Ben Yonas

Joe Agee

Lawrence Levin and Patricia Wheeler Sue McAvoy and Bill McKinnon Pen and Andrew Sherwood Kelly and James Crutcher Mary Jo Bryan Kristin L'Esperance Patricia Emerson Kathryn and Mark Fidati Susan Davis and Scott Russell

Editor's Note

I would SO welcome contributions to the Clarion! If there is someone interested in theatre, arts, music, our neighborhood and other in-town neighborhoods' events, I'd like a volunteer to manage the Clarion calendar. You would send the column to me by the 15th to 18th of the month preceding the month of publication. We are "off" for the summer after the summer issue that comes out June 1, and the deadline is May 15 for all summer events. Would love more

EALLY

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writers for feature articles, such as Kevin's on transportation on Page 1 or any neighborhood news or general articles of interest about intown Atlanta. As a 36-year neighborhood resident who is 65+ years old, I continually wish some parents/younger residents might get interested in more involvement with our 'hood's newspaper. If interested in trying it out, please write *editor@lakeclaire. org.* See you next time!

PARK

JOHN MORGAN

REA

~Beth D.

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Good News Bad News? Let's go with a top ten!

by Scott McLane

Which should it be? How about we focus on the good and recognize that there is a miracle happening at the DeKalb County Animal Services (DCAS) shelter that was built in 2017 to house 221 dogs and is now approaching 500. The miracle is that a resourceful, caring staff continues to operate this no-kill shelter in a safe and welcoming manner, giving the most needy of our 4 legged friends a second (or sometimes third, fourth....) chance at a better life.

One of these second chances just occurred due to some kismet and team work by two Lake Claire/Candler Park residents. Vitamin, pictured here, was a favorite of mine, but was housed in the isolation section of DCAS, where he would be rarely seen by those coming in to adopt or foster dogs. Well, one Saturday morning, after months of conversation about dogs, Ken Edelstein-the Candler Park leg of this happy story-called me and said that he and his son Obie and dog Rosa were headed to DCAS to find Rosa a permanent playmate. Long story short, through a series of miraculous events, occurring over several days, Ken sent me a video from the shelter of Rosa and Vitamin rolling around in the play yard as if they had known



each other their whole lives. The behaviorist rated it a 'top ten'!!

And Vitamin, renamed Barkin' Luther King, and Rosa (Parks) are now living happily on their front porch overlooking the 4th hole of Candler Park golf course. Proof that miracles do occur!

If you have or can make room in your life to be a part of this miracle, please contact LifeLine at www.lifelineanimal.org to adopt or foster, or volunteer to walk dogs, care for cats, help with social media, do laundry, etc. Any and all are welcome.

Frazer Center's Inclusion Institute

by Dina Shadwell

As an innovative leader in services to children and adults with disabilities in Georgia, Frazer Center is expanding its reach and fostering inclusive communities through the new Frazer Center Inclusion Institute. The Inclusion Institute is designed to share training opportunities and resources to individuals and organizations in the Intellectual/Developmental Disabilities (I/DD) and Early Childhood Education (ECE) sectors. There are currently three main programs within the Institute:

The **Refugee Intern Program** addresses the staffing crisis in early education. Partnered with the Refugee Women's Network, Frazer has piloted a 16-week training program for a cohort of women from Afghanistan. By the end of the program, the cohort will have completed their Child Development Associate certification and be eligible for full time employment with the Frazer Center. A second cohort is being formed, and the CDA certification training will soon be available to current Frazer staff. Frazer's Inclusion *Nature-based Early Education Program* is one of the only programs of its kind in the country. In partnership with Georgia State University's Urban Child Study Center, Frazer's Child Development team, they've created an outreach program designed to ensure that children in under-resourced communities throughout metro Atlanta have access to nature-based learning.

As the pandemic restrictions continue to lift and Frazer's Adult Services programming returns to full capacity, the Adult Services leadership team is working to expand Community Access programs so that more individuals with I/DD can be met in their own communities. Project Achieve allows for Frazer staff to work one-on-one with these individuals, helping them build relationships in their own neighborhoods, and providing access to social, recreational, and educational opportunities in the metro area, particularly during evening and weekend hours when

Wild in Lake Claire

by Sara Gottlieb

As I write this in mid-April, spring seems truly to have arrived in Lake Claire. Just a few days ago, I noticed all the tree buds were finally popping and the landscape seems to be fully greening up. The arrival of spring is an event I long for all winter, and it never seems to come soon enough. Ellis Peters sums it up nicely: "Every spring is the only spring, a perpetual astonishment."

One of my favorite rituals of spring is to hike in favorite woodland areas where the lovely jewels known as "spring ephemerals" can be observed. Spring ephemerals are perennial woodland wildflowers which develop aerial parts (i.e., stems, leaves, and flowers) of the plant early each spring and then quickly bloom, and produce seed. The leaves often wither, leaving only underground structures (i.e., roots, rhizomes, and bulbs) for the remainder of the year. Examples of these from our region include Trilliums, trout lilies, bloodroot, Mayapple, phlox, and more. Other favorite spring treats of the woodland include wild azaleas (much more beautiful than the crayon-colored cultivars featured in Masters golf tournament backgrounds and landscaped urban yards, in my opinion), Rhododendrons, red buckeye, and mountain laurel.

My husband and I indulged ourselves a bit in this habit by visiting Sweetwater Creek State Park in early April. The trails there can be overrun with people, and the Park even limits the numbers of visitors at times, but we took advantage of a less-frequented part of the park by taking the yellow/orange/blue trail complex on the east side of the creek, accessible by a pedestrian bridge a short way from the visitor center. There, we enjoyed viewing rattlesnake weed, Jack-in-the pulpit, eastern yellow stargrass, rue-anemone, cinnamon fern fiddleheads, Carolina silverbells, and a newly eclosed luna moth (see photo page7). All in all, it was astonishing, restorative, and generally wonderful.

Meredith's black cherry tree is blooming—so beautiful, and the bees love it. She has enjoyed seeing the butterweed (*Packera glabella*) blooming in her yard, as well as the silverbells in the neighborhood. Sil-

Frazer Center is normally closed and when most of these opportunities are available.

These three programs are just the start. Frazer Center's relatively small size allows for agility and innovation, and the Inclusion Institute



verbells make nutlets that are edible when they're soft, so she's going to see if I can find any to try once they fruit (let us know what you find next month, Meredith!). The violets have been gorgeous as well—their greens and flowers are also edible, and delicious.

Ilene S. reported seeing two black vultures, one on West Howard in Decatur and the other (or perhaps the same one) a day later driving down Dekalb Avenue near Inman Park. She is used to see them soaring above Stone Mountain while hiking, but they are less commonly seen in town. Ilene was also surprised by a very large snapping turtle in Frazer Forest. She was walking one of her dogs along the stream, and suddenly there was this large, prehistoric looking turtle walking in the creek. Ilene stopped, it stopped; then it found a place it could hide underwater and disappeared. Ilene also reported seeing a Barred Owl, which was chased off the ground up into a tree when she let her dogs out. And as she was walking one afternoon, Ilene nearly stepped on a 6-7 inch Brown Snake as it was sunning on the sidewalk.

Miriam H. reports that tulips purchased from *www.bloominbucks.com* to support the Land Trust have been planted as far away as Silver Spring, Maryland! She also shared a photo of a possum in a tree in East Lake (but regretfully, there was no room here).

I saw a post on NextDoor by our Kirkwood Neighbor, Bren B., who shared this photo of a "loitering" owl seen while returning home from

Cont. on p. 7.

holds the potential to impact professionals and communities far beyond Frazer's four walls. If you would like to support Frazer's Inclusion Institute, visit *frazercenter.org/give* and specify "Inclusion Institute" on your donation form.



CLARION KIDS' CONTEST's 3rd-Place Winners

Wow, y'all, this issue we had all of these great-looking youngsters tied for 3rd-place in the Clarion Kids' Contest. See Page 12 for the first and second place winners and the New Contest.

• Emmy and Jonah Ross (Connecticut Ave.), Mary Lin (Emmy is in 4th, and Jonah is in 2nd Grade);

• Noa Yonas, 4th Grade at Morningside (next year Mary Lin), McLendon, 9 years old, and for earth day, she cleaned the creek by her house. (Her prize: Noa will be the featured child in the Summer issue.) • Amelia Gallo, 3 1/2 years old,

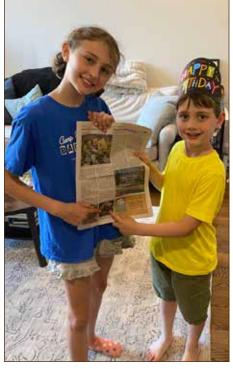
Freedom Park Preschool, Hardendorf;

• Gibson Smith, Age 8, Claire Drive (also won extra credit for earth day-he turned off the lights with people all over the world to save energy);

• Asher Perlin, Age 8, at Mary Lin, Harold Avenue;

• Lily and Owen Schrager, (Lily 8 years and Owen 7), at Mary Lin, on Gordon (also answered on Earth day they would plant vegetables and flowers outside in their yard);

Congratulations Emmy, Jonah, Noa, Amelia, Gibson, Asher, Lily, and Owen!



Emma and Jonah Ross



Lily and OwenSchrager



Amelia Gallo



Asher Perlin





Noa Yonas

Need Teens for Wahoo Coaches

If any rising sophomore (who will be at least 15 by 2 May) is interested in a coaching position with the Wahoo, he/she needs to get this application in ASAP. Teen coaches will study how you learned to be such a great swimmer and help mold future Wahoo; most days, you're finished by 10 a.m. to go mess around the rest of the day. You also get paid. Coach Wyatt Schroeder is excited to serve as head coach this season, and he can't wait to share his enthusiasm for swimming with the next generation of Wahoo. Go here: lcwst.swimtopia.com/ coaches

Wahoo

Continued from Page 1

struction area. If your swimmer has not quite mastered these skills, we strongly recommend private lessons instead of the Junior Wahoo Program. Your child should be eager to swim and not have extreme trepidation about joining the Junior Wahoo group.

As Jr. Wahoo swimmers improve, they can advance through "minor leagues." Wahoo organizers look forward to seeing even more youngsters build their confidence by swimming themselves onto the big team. Juniors who become able to swim the length of the pool unassisted will have the option of joining the Wahoo "6 and Unders" in Wahoo meets.

While the Wahoo have become

more competitive over the years, camaraderie and fun continue to be the team's guiding principles. This emphasis comes directly from team founder Eric Ericson. With the help of dedicated parent volunteers, Wahoo coaches expertly balance swim instruction with festive enthusiasm. They lead the swimmers in game day once a week and doughnut practices on Saturdays. To learn more about the Lake Claire Pool and Wahoo swimming, visit www.lakeclairepool. com/. Lake Claire Pool is a state-ofthe-art saltwater pool with members from Lake Claire, Candler Park, and the surrounding communities.

2022 Meets and Events. The first practice is May 2. The remaining schedule is: May 24 - Time Trials; May 31 – Wahoo vs. Intown Dolphins (HOME); 7 June – Wahoo vs. HLHK (HOME); 14 June - Wahoo vs. Winding Vista (AWAY); 21 June – Wahoo vs. Venetian (AWAY); 27 June - Wahoo vs. Briarcliff/Sagamore (AWAY, Monday Meet); 30 June – Wahoo Divisionals/Championship Me. The June 30 Divisionals are part of the season and an exciting day of competition at the Georgia Tech Campus Recreations Center, site of the 1996 Summer Olympics Swimming Events. Please plan on being there. There are no finals, so Wahoos swim their best on this one day then go their separate ways. Contact Wahoo at lcwst.swimtopia.com/contact-us.



Wild

Continued from Page 5

a late Target pickup on the cutthrough from Paxon in Kirkwood. Something on the sign caught Bren's eye, and when it turned out to be what looked like a ball of feathers parked the car almost next to the sign with the intent of getting out and taking a picture from up close, but then Mr. Owl turned to look at them and they immediately reconsidered their approach and took the picture from inside the car. Thank



Luna Moth (photo by Wade Harrison)

Bees—and Mosquitoes

Continued from Page 3

removing as much honey as possible. The honey is likely unusable because of household chemicals, and the odds are low of it becoming a good colony. The space then has to be thoroughly cleaned and repaired.

All of this is just to explain why relocating swarms is the best option for beekeepers, homeowners, and the bees themselves. Also, it's just plain fun. I've never yet caught a swarm without a fascinated audience of onlookers asking questions about bees—which any beekeeper loves to discuss.

Just remember, though, that after all the work to catch and maintain a swarm, it's devastating to lose them. The most important thing you can do to help bees, wild or not, is to refrain from spraying your yard for mosquitoes, so that we can all continue to enjoy gardens buzzing with our sweet Lake Claire honeybees.



CSM Memorial Garden

by Lori White

Years ago when Clifton Sanctuary Ministries was Clifton Presbyterian Church, memorial stones were placed around the campus in memory of church members who had passed away. Over time, these stones have sunken into the ground, and many partially covered up. We would like to preserve these special stones. We are in the process of gathering the stones from around the property and placing them in a central area which is to be called our "Memorial Garden." We will plant beautiful flowers in the area, and have pavers and a bench where folks can sit. The picture shows what we are thinking for this special area. Exciting project! Items we will need for the proj-

you, Bren, for sharing the photo with The Clarion!

Debbie L. shared a set of photos (*photos.app.goo.gl/g3rmssH3StW-J1E4T6*) that she took of a barred owl family at Clyde Shepherd Nature Preserve in Decatur. The fuzzy owlet babies are adorable—trust me, you don't want to miss taking a peek.

Frank W. reported seeing a rabbit race down a side yard on Adolphus close to Arizona. He also saw three small woodpeckers on separate occasions—twice in Lake Claire and once in Candler Park; it was the kind without a red crest but with the bespeckled black wings. And finally, he spotted several hawks, one of which was quite large and healthy.



ect: landscaping bricks, landscaping fabric, paver edging, patio sand, pea gravel pebbles, four stone benches, planters. If you have any of these items that you would like to donate, that would be so appreciated!

And with that, I bring to a close this recounting of the many astonishing things our neighbors have seen around Lake Claire and farther afield. It's time for me to get out from behind my computer and into the garden. I heartily agree with Margaret Atwood, who has said, "In the spring, at the end of the day, you should smell like dirt," and I usually do.

If you'd like to report a wildlife sighting for a future column, including flora or fauna, please email sara. gottlieb@gmail.com. Sara has taken over the column from Carol Vanderschaaf, who will occasionally be a guest columnist.- Ed.









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STUDE

Hello – Safe Journey – Skiing in and around Lake Claire

May Birthdays:

- 2 Layla Klehr, turning 13, Hardendorf Avenue (and congrats on your bat mitzvah early this year!)
- 3 Sarah Wynn, Harold Avenue
- 4 Jennifer Hubert, Harold Avenue
- 9 Vivian Baker, Claire Drive, turns seven! Bob Caine, Leonardo, and Reece Barclay on Hardendorf
- 11 Adler Waugh, turning 11, Leonardo
- 16 Peter Olson, Leonardo
- 18 Liz Baker, Claire Drive; Jett Friedman, Delaware Ave, turning 10
- 19 Joseph McGill, Delaware Avenue
- 20 Aiden Rogers, Ridgecrest
- 23 Mayla Carper, Leonardo, turning 9
- 24 Cara Yang, turns 11, McLendon Avenue
- 27 Edie Haggerty, Harold, turns 11
- 28 Sadie Stevens, Leonardo, frequent Clarion contributor, turning 12 *May Graduations:*

Congratulations to all of our Lake Claire grads, after a challenging two years!! Send us some pics of the grads, whom we are happy to feature in our Summer Issue, next time!

Welcome to Lake Claire: Stacy Hyken and family. Moved from Clifton Road. Welcome to the interior of Lake Claire from the "edge."

Send us life cycle changes for the next issue—it's a combo issue for the summer! Tell us your June, July and August birthdays-—help make this series inclusive (editor@lakeclaire.org) by May 15–18.

The Future of Transportation

Continued from Page 1

ing and time on large-scale projects like widening highways or building transit lines that can take decades to reach fruition. According to the Florida DOT, sidewalks can cost as little as \$150,000 per mile, and bike paths twice as much, but adding two lanes to an interstate costs 26 times more—and a subway over 1000 times more.

A shift to cheaper infrastructure allows for a certain flexibility in addressing needs as they develop, whether that might be a wider sidewalk on Eighth Avenue in Midtown Manhattan or a parallel path built next to an existing multiuser trail in the Washington, D.C. region that will relieve congestion by separating pedestrians and cyclists.

If footprints are to be lessened, whether through shrinkage or outright removal, alternative land uses can vary. Even before the pandemic and its effects on the workplace became evident, U.S. cities were removing unnecessary transportation infrastructure. Rochester, New York, took up a large section of its circumferential expressway and replaced it with parks. Discussions of similar highway removals have spread post-lockdown to cities like New Orleans, where the Claiborne Avenue expressway through Tremé may be torn down and replaced with parks and residential development. This would bring the Tremé neighborhood

around full circle, as the construction of this highway in the mid-20th century razed over 500 homes. This particular highway's existence is now considered a glaring example of how federal highway funding was used to harm Black communities.

All of this points to a need for planners to break out of their prepandemic habits when they consider potential projects. A rail transit project, such as a subway, might not be as relevant if commuter demand is suppressed thanks to workplace changes. However, this same project could find new life if it is somehow geared towards non-commuting trips, such as to restaurants, shopping, or running errands. Such a reconfiguration would require planners to account for complimentary modes, such as walking, biking, and-if problems with their artificial intelligence (AI) can be resolved-autonomous taxis.

The Tysons area in the metropolitan Washington, D.C. region is an example of how a rail transit link was planned without much regard to such complimentary modes. Efforts are being made by local developers to steer the land use away from the former suburban car-centric model, towards a more urban feel. However, as the Washington Post notes:

None of this, by the way, is to suggest that Tysons has become a model of pedestrian-friendly urbanism. Take the last time I was picking up a

Live Music in Greater Atlanta

by Beth Damon

Music we found as of press time. Support our local artists! Enjoy! Check actual venues to see any changes/ cancellations, and to see if there are any Covid vaccination requirements.

April 29-May 1 Shaky Knees April 29-May 1 Sweetwater 420 Wednesday, May 4 Tori Amos Thursday, May 5 Built to Spill Thursday, May 5 Typhoon Friday, May 6 AJR Mary J Blige Saturday, May 7 Sunday, May 8 Eric Krasno Monday, May 9 Victor Wooten Friday, May 13 Lucius Friday, May 13 Don McLean Friday, May 13 Joy Oladokun Friday, May 13 Gogol Bordello Saturday, May 14 Pokev Lafarge Saturday, May 14 Thursday, May 19 Ray LaMontagne Dave Matthews Saturday, May 21 Saturday, May 21 T-Pain Thursday, May 26 Joss Stone Friday, May 27 Sigur Ros Saturday, May 28 Gipsy Kings Sunday, May 29 Bright Eyes June 2–5 STS9Thursday, June 2 Elle King Thursday, June 2 Superchunk Friday, June 3 **Bonnie Raitt** Saturday, June 4 Brit Floyd Saturday, June 4 The Hold Steady Saturday, June 4 **Barenaked Ladies** Fri/Sat, June 3 and 4 Candler Park Fest The Gilmour Project Sunday, June 5 Tuesday, June 7 The Doobie Bros Thursday, June 9 Indigo Girls Mandy Moore Friday, June 10 Saturday, June 11 Coldplay

Central Park Centennial Park ASO Variety Playhouse Terminal West Ameris Amp State Farm Arena Terminal West City Winerv Variety Playhouse ASO Terminal West The Eastern City Winerv VAHI Porchfest/many local bands! in Virginia Highland Fox Theatre Lakewood The Eastern Variety Playhouse Cobb Energy Center Chastain The Eastern The Eastern Variety Playhouse Terminal West Chastain Cobb Energy Center Variety Playhouse Chastain Candler Park! Tix already on sale! ASO (50th anniversary of Dark Side of the Moon!) Ameris Amp Chastain Variety Playhouse Mercedes-Benz

jacket from a store at Tysons Corner Center. Naturally, I thought about heading over to the Starr Hill Biergarten to enjoy an Oktoberfest in the afternoon sun. A few seconds of tapping on my phone suggested there are three ways to get from the mall to the Perch: a two-minute, one-stop Metro ride that would drop me two blocks from the Perch; a five-minute drive (a jaunt Waze suggests is faster when you get onto the Beltway for one-third of a mile); or a meandering 27-minute walk that crosses seven lanes of traffic, skirts Beltway cloverleafs, and follows sidewalks through office parks before taking a bridge over the Beltway and into Capital One Center.

Contrast this with the environment around Utrecht's main train station in The Netherlands. Not only is the surrounding area more pedestrian and conducive to access to public transit, the station includes a three-story underground parking garage just for bikes. Car use is possible, but discouraged via a lack of access and high parking cost. This is helpful for ongoing redevelopment efforts in this part of the city, as those using the station have the flexibility to choose from several modes of transportation, rather than being restricted to supplementing transit with cars, whether personal, shared, or-eventually-autonomous.

The future of work will remain uncertain until the pandemic's effects fade into memory. Yet, the need to break out of the paradigm of planning for peak-hour commuter capacity is becoming clearer by the day. Some people who were traveling to an office won't be doing so anymore, while others will be working in gig employment that make it possible for workers to stay home. The nation's streets are going to look and sound a lot different.



New Bike Parking Garage in Utrecht Underneath the Station, currently the Largest in the World

Beware of the Fairies— Don't Step on One!

by Terri Evans

The LT Children's Garden Welcomes Kids, Big and Small. Many ideas swirled in my head as I started my term as a Guardian of the Fairy Garden (or is it Steward of the Children's Garden?) at the Land Trust. An artist friend had the idea of creating a little house for fairy house supplies. Fairy houses! How fun! I was full of ideas and pulled in some creative folks to brainstorm designs for a Little Free Library of Fairy Supplies. Then I thought about actual fairies. I've never seen a fairy-though others claim to have spotted them!—but they are always described as little woodland creatures. They are tiny enough to live anywhere, yet they choose to live in woods, or gardens. Their homes are created from natural materials that do not disrupt the surrounding habitat. In her charming little book Hairy, Scary, but Mostly Merry Fairies! author Renee Simmons Raney said that only two things are needed to build fairy houses, **imagination** (imagine what kind of house you'd like if you were as tall as your pointy finger) and observation. What materials in nature can be used to create a little house? Fairies insist on not disrupting the natural habitat, so one shouldn't pick plants or move large rocks or logs to make the home. They don't care for most man-made objects and are actually allergic to glitter!

So instead of envisioning an elaborate art project, I now see the Fairy Garden as a place where children (and their grownups!) can observe nature and delight in the change of seasons as much as they delight in the shifting toys and changing knickknacks. If children imagine themselves as little people having to live in the garden, they will naturally want to take care of it. Will you invite your children to be stewards of the garden too? Can they use their sharp eyes to spot water accumulating in the various toys and statuary and be quick to pour it out? Fairies don't like mosquitoes any more than people do! Can they use their imaginations to build little woodland

Cont. on p. 11



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- A & E Lake Claire | Morningside | up to \$1,000,000
- S & A Decatur | Brookhaven Townhome up to \$850,000
- J & C Ormewood | East Atlanta up to \$800,000
- Z & A Kirkwood | Oakhurst up to \$850,000
- J & J Northcrest | up to \$750,000

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"The Great Turning" and The Work That Reconnects

by Beth Remmes

We live in an extraordinary moment on Earth. As we witness unprecedented devastation of ecological, social, and political systems, we can feel overwhelmed by anger, sadness, fear, and other difficult emotions. How can we remain resilient, creative, and energized to act for the healing of our world? Based on the work of Joanna Macy, The Work That Reconnects, Choosing Hope is a participatory workshop designed to help transform hopelessness and paralysis into inspiration and a sense of empowerment. Participants journey through a "Spiral": consisting of Gratitude, Honoring Our Pain, Seeing with New/Ancient Eyes, and finally Going Forth with a deeper understanding of how to create our best collective future. The idea of "honoring our pain" may make people apprehensive, but it is important to understand that our pain is a natural and healthy response to what is happening in the world, arising from our deep inner connection with all beings. This "blessed unrest" encourages us to act on behalf of what we love, and may point the way toward our life's purpose.

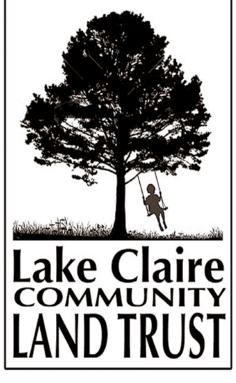
Macy's key insight is that most people unconsciously base their

lives on an unspoken story. Today's Industrial Growth Society is based on a story she calls "Business as Usual." A second story, "The Great Unraveling," is all about the looming catastrophe caused by the unexamined assumptions of Business as Usual. But a third story, "The Great Turning" refuses to give The Great Unraveling the last word, affirming instead the many ways we can help to create "the more beautiful world our hearts know is possible." Through more than four decades of community work with thousands of people around the world, The Work That Reconnects is seeding that third story.

On the following day, participants are invited to re-convene at the Land Trust for the **Council of All Beings**. Others are welcome to attend as well. In Macy's words, the Council is "a communal ritual in which participants step aside from their human identity and speak on behalf of another life-form... The ritual serves to help us acknowledge and give voice to the suffering of our world. It also serves, in equal measure, to help us experience the beauty and power of our interconnectedness with all life."

During an opening meditation, participants allow themselves to be chosen by a specific animal, plant, river, mountain, etc., for whom they will speak in Council. Materials will be provided for each person thus called to make a mask. When the Council itself begins, these beings will come forth one by one to speak of their powers and perspectives, concerns and challenges they face, and how they can help their human relatives make the changes necessary to restore the Earth and the human family to vibrant health. Come and join the circle!

Beth Remmes is a trained facilitator of The Work That Reconnects. Learn more at earthspiritaction.com or workthatreconnects.org. (To summarize the 2 events above: Choosing Hope: A Path from Despair to Action, Saturday, June 4, 9 a.m.-4 p.m., Atlanta Friends Meeting, 701 W. Howard, Decatur Ga., Free of charge, including lunch. Register in advance at nonukesyall.org, and Council of All Beings, Sunday, June 5, 2–5 p.m., at the Land Trust/ free. Both events sponsored by Nuclear Watch South and Green Friends. More info: NoNukesYall.com.)



Fairies!

Continued from Page 10

structures for the fairies, being careful not to pick flowers or other plants from the Land Trust? Can you teach them to be on the lookout for invasive plants? (It's ok to pull up those!). Though I have never seen a fairy, for years I've seen a special group of kindly folk create and nurture a garden, a very special garden that sits in a city in the middle of a forest. Our children can reap the benefit of their love and work while they help make the Fairy Garden and Land Trust an even better place for those who come after us.

Events Coming up at the Land Trust

Holy River to Play at LT, Sat, May 7, 6-7:30 p.m.: Virginia folk duo Holy River tours nationally and internationally. Mystically political and whole-heartedly grassroots, this DIY band finds itself playing on large festival stages as well as the backyard fire pits of intentional communities. In their hometown of Richmond, Virginia, they founded a community garden and public orchard called Fonticello Food Forest, which hosts a free farm stand and donation-based workshops on wellness and sustainability. They specifically chose the Land Trust because of their interest in nurturing public green space. Their indie~folk, dream~folk, and indie~rock songs are written from the soul, inspired by nature, in service to the poetry of the mystical. Info: www.holyrivermusic.com and open.spotify.com/ artist/4GehciAmWqyYCgRS7P3Vub

Meet & Greet with Liliana Bakhtiari, Sun. May 15, 2:30–4:30 p.m.: Liliana Bakhtiari, newly elected City of Atlanta councilperson for District 5, will visit the Land Trust to get to know the neighborhood and answer questions primarily related to Lake Claire and Kirkwood. Join us at the amphitheater and bring your

questions!

NaanStop Indian Restaurant Feeding Us Again, Tue. May 17: The NaanStop family-owned restaurant once more offers a pop-up Indian meal in Lake Claire, with 10% of sales benefiting the Land Trust. The meal feeds four, including two entrees, fresh baked naan bread, handmade samosas, basmati rice and chutney. Vegan and meat entrees are available. Place your order at *bit.ly/NSorderLC*, any time between April 29 and 5 p.m. on Monday, May 16, and it will be available for pick up between 5 and 5:45 p.m. on Tuesday, May 17. Pickup location in Lake Claire will be given with order confirmation. "First come, first served," so get your orders in before they sell out!

Creative Class with Brook Hewitt: "Rainbow Science and Fun," on April 24, 4-6 p.m. @ \$10 per kid (scholarships available; 10% of proceeds goes to LCCLT). From the ground we can only see semi-circular rainbows, but if you look at one from an airplane, you will see that each rainbow makes a complete circle. Earth is the only planet in the solar system where rainbows are possible. Come learn all about the wonder of rainbows through art and science as we use prisms, colors, light, paint, photography and found objects to create mixed media rainbow art! Sign-up in advance at *www.cameraclassforkids.com/book-online*. More info: *cameraclassforkids@gmail.com*.

Lavender Laughs with Comedian Nomie Baker: Proud Lake Claire resident, comedian Nomie Baker produces Lavender Laughs Atlanta, a grassroots organization that supports womxn and LGBTQIA+ comedians. Minority groups within the comedy community deserve better access to opportunities, and everyone benefits from exposure to new ideas and diverse experiences. In honor of Pride Week, this special show will feature comedians that range across identities and show the spectrum of our stories. Note that there will be no content restrictions (profanity is allowed); families, decide if you want to bring kids. The show is free but any donations will be split between LCCLT and Lavender Laughs. June 1, 7-8:30 p.m.

Camps / Sign-up now: Summer Camps with Brook Hewitt, July 11–15 (Monday-Friday), \$260 per kid. *Creative Kids Camp*, 9 a.m. to noon, ages 7–12, 100% outdoors, lots

Terri Evans is the Land Trust's volunteer caretaker for the Children's Garden at the Land Trust from February to May. A new family or volunteer is needed for June to September. Meanwhile, Terri welcomes others who want to participate. Questions or suggestions about the Garden, or to volunteer: terrihintonevans@gmail.com.

Ongoing LT events are in the P. 2 calendar.

of shelter space. We will explore the gardens, sew, cook, create art, and of course do some fun photography projects! Snacks/water provided. Sign up at www.cameraclassforkids.com/ book-online

Teen Photography Camp, 1–4 p.m., ages 12–15. Teens meet at one of Atlanta hidden gem locations, the Lake Claire Community Land Trust, and learn how to take amazing photos. Expect some fun photo field trips. Cameras, snacks, water provided. Students will print pictures to take home! Sign up at *www.cameraclassforkids.com/book-online.*



we hope this series is fun and a way for young Clarion readers/writers/artists to participate. This month we feature Frances Koval, age 6, Mary Lin Kindergarten, who lives on Hardendorf. She became the featured writer because she won the Extra credit prize, and she has drawn

.

a picture in honor of Earth Day at the end of last month, below. When she won the extra credit prize, she said, "In honor of Earth, I will play outside, for a long time." She knows how to honor the Earth! Thank you, and congrats, Frances.

To all the Lake Claire children who read and

Contest Winners!

be *SUMMER*—woo hoo!

We had more winners this time than sinceBeth started this page!!! Over ten years ago!What fun! April must be a good month forkids to read newspapers.

preciate you. Add **your** creativity to this page! Submit your work to *editor@lakeclaire.org* by May

15 for the next issue of the newspaper, which will

First place winner is Frances Koval, who became our featured artist this month! (Info on her and her art is above.) Second place winner is Hudson Williams, first grader at Mary Lin, who lives on Palifox Drive. He also • won the prize of being a featured writer or artist (for a future issue) by telling us that in honor of Earth Day April 22, how he helps • the planet by riding his bike everywhere. He shared that his family almost never drives, • and if they do, they use an electric car. We had a tie of 8 winners for 3rd Place!!!! (They are all • pictured on Page 7.) These winners won the contest over a VAST number of Lake Claire kids who participated this time. Congrats, • Frances and Hudson, and the third-place folks on Page 7, Emmy, Jonah, Noa, Amelia, • Gibson, Asher, Lily, and Owen! Your prize is your picture in the Clarion. Attention other Lake Claire kids—Add your name to the list of winners. To all of those kids who didn't win, many of you came so, so close this time. Please do keep reading this page, and keep playing. See our new contest below.

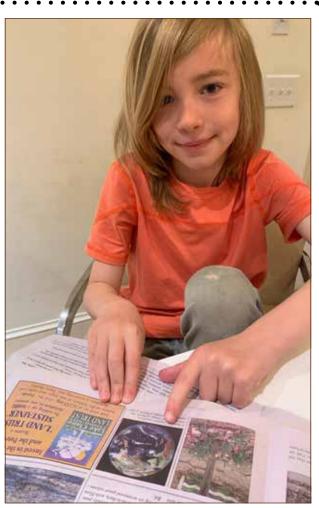


Earth, by Frances Koval.

New Contest

MAY! May is named after the Greek goddess Maia. The month is traditionally a time of great celebrations, maybe even May Day, with music and games, and . dancing around a May pole. If YOU find the dance around the May pole in this issue, you will be the contest winner, and you will have your name and picture noted in the Summer Clarion. To win, send an e-mail to *editor@lakeclaire.org* identifying the page number, and you must include your name, age, school, street, and grade along with a picture. Ask a parent to take a picture of you, perhaps of you finding the hidden graphic, or something else. For extra credit, tell us something fun you plan to do this month.

Please tell your parents to send large picture files, 1mb+. Any child from Lake Claire is eligible, except that you cannot win two months in a row. The deadline is May 15. Hurry and look; competition is always stiff for this coveted prize.







Frances